

# BE A SUPERHERO TO CHILDREN IN OUR COMMUNITY



## HERE ARE A FEW TIPS ON HOW YOU CAN BE A HERO TO YOUTH

**VOLUNTEER  
TO READ TO  
CHILDREN.**

**PROVIDE SAFE  
SPACES FOR  
CHILDREN  
TO PLAY AND  
LEARN.**

**BE POSITIVE  
AND SHARE  
MESSAGES  
OF HOPE WITH  
CHILDREN.**

**HAVE A  
BACK-AND-FORTH  
DIALOGUE TO  
ALLOW KIDS TO  
EXPRESS THEIR  
FEELINGS.**

**BECOME A  
CONSISTENT  
SUPPORT FOR  
A CHILD.**

**MAKE A  
CONNECTION AND  
MENTOR A CHILD  
TO HELP THEM  
FEEL SAFE.**



**FOR MORE INFO:**



**BIDDEFORDREADY.ORG**



United Way  
of Southern Maine