

# KINDERGARTEN READINESS CHECKLIST

WORKING TO ENSURE THAT ALL CHILDREN IN BIDDEFORD ENTER SCHOOL READY TO THRIVE

## PERSONAL CARE ROUTINES

- Use the bathroom
- Practice good hygiene
- Dress themselves
- Eat lunch by themselves

## SOCIAL EMOTIONAL

- Interact positively with peers and adults
- Ask for help
- Separate from parent
- Handle emotions appropriately

## ACADEMIC

- Knowledge of books
- Some letter awareness
- Recognize their name in print
- Some awareness of colors and shapes
- Count to 10 and recognize some numbers
- Ability to sit and listen for 5 to 10 minutes
- Follow simple directions

## FINE MOTOR SKILLS

Can hold and use the following:

- Pencil
- Markers
- Crayons
- Scissors



## DID YOU KNOW?

### SCHOOL READINESS

School readiness is about more than reading and writing, it is also about social-emotional development and ensuring that families and communities have the resources to provide healthy, nurturing environments. When children enter kindergarten ready for school, they are more likely to read at grade level by the end of third grade, a key benchmark for graduating from high school, and thriving in school and life.

Biddeford strives to ensure that all of its children are ready for school. Biddeford Ready! was formed to address this critical community issue, bringing together dozens of partners united in the mission to provide family and community support and resources that children need from birth to age five to enter kindergarten ready to reach their full potential.

### Join Us!

**We need you at the table to address this critical community issue.**

- Help inform our strategies
- Align efforts and share resources and data
- Build capacity and expertise within the coalition
- Share information
- Help advocate for policies and environments that support school readiness

### For More Information

Email: [biddefordready@uwsme.org](mailto:biddefordready@uwsme.org)